

## SBC100 COURSE OUTLINE Fall 2023

<b>Course:</b>	Biochemistry
<b>Course Code:</b>	SBC100
<b>Times &amp; Location:</b>	Online Tutorial: Wednesdays 6:30 – 7:30 pm EST
<b>Course Coordinator:</b>	Dr. Melanie Facca, BSc, MS, ND
<b>Instructor:</b>	Dr. Melanie Facca, BSc, MS, ND
<b>Office Location:</b>	Online

### Evaluation:

	WEIGHTING	TEST DATE / DUE DATE
<b>Module Quizzes</b>	10%	10 Self-Scheduled Quizzes
<b>Participation</b>	10%	N/A
<b>Assignments</b>	10%	3 Assignments (3.33% each)
<b>Midterm Test</b>	30%	<b>Friday, October 20<sup>th</sup>, 2023</b>
<b>Final Exam</b>	40%	<b>Friday, December 8<sup>th</sup>, 2023</b>

***Plagiarism and cheating are academic offenses and will be treated seriously by the College. Students should refer to the College's policies on academic misconduct posted on in the Academic Calendar.***

### Required Text:

McMurray, Ballantine, Hoeger & Peterson. *Fundamentals of General, Organic and Biological Chemistry*: 2017, 8<sup>th</sup> Edition.). Published by Pearson.

### Course Description:

SBC100 (Biochemistry) is a three-credit, 14-week introductory biochemistry course designed to build on knowledge acquired in SGC100. In SBC100, students will learn the fundamental concepts of biochemistry as it pertains to the human body. The focus of this course is on the structure and metabolism of macromolecules such as carbohydrates, lipids, proteins, and nucleic acids. Essential biochemistry concepts including glycolysis, protein synthesis, enzymes, the citric acid cycle, the electron transport chain and ATP synthesis are thoroughly investigated.

The application of biochemistry to naturopathic principles is integrated throughout the course; providing students with a unique opportunity to learn biochemistry within the context of naturopathic medicine. Incorporation of a virtual laboratory component enhances and re-enforces course material and allows the student to experience a practical application of biochemistry while maintaining the convenience of online learning. SBC100 provides the necessary pre-requisite knowledge required for the ND program.

### Prerequisites

General Chemistry (SGC100) or an equivalent course from a recognized university is a prerequisite for Biochemistry, SBC100.

## Course Outcomes:

On completion of the course the student will be expect to:

- demonstrate a basic understanding of biochemistry.
- demonstrate knowledge of the fundamental laws and vocabulary as they pertain to biochemistry.
- apply biochemistry to Naturopathic principles.
- demonstrate knowledge of the fundamental biochemical processes of the human body.
- demonstrate knowledge of the chemical reactions of biochemistry.
- demonstrate knowledge of the 3 major biochemical macromolecules; carbohydrates, lipids and proteins.
- demonstrate knowledge of the fundamental biochemical processes of the human body including, but not limited to, glycolysis, Kreb's cycle and the electron transport chain.
- apply knowledge of biochemistry to a clinical setting.
- demonstrate knowledge of the principles and process of the chemical experiment.

## Pedagogy:

The course is delivered in a blended learning style which combines online self-study modules with weekly live interactive online tutorial sessions from 6:30pm – 7:30pm EST with the course instructor.

## Evaluation:

A passing grade is 60%. Evaluations/assessments will consist of 10 quizzes per module (10%), participation (10%), three assignments (10%), one midterm test (30%) and a final exam (40%). The midterm and final exams are conducted online.

## SBC100 Biochemistry

### Course Schedule

Class/ Week #	Date	Module #	Topic
1	Wednesday, September 6, 2023	Module 1	Introduction to course Organic Chemistry Overview (selected textbook sections)
2	Wednesday, September 13, 2023	Module 1 cont'd	Organic Chemistry Overview (selected textbook sections)
3	Wednesday, September 20, 2023	Module 2	Amino Acids & Proteins (Ch 18)
4	Wednesday, September 27, 2023	Module 3	Enzymes & Vitamins (Ch 19)
5	Wednesday, October 4, 2023	Module 4	Carbohydrates (Ch 20)
6	Wednesday, October 11, 2023	Study Week	Review
7	Friday, October 20, 2023	Midterm Module 5	<b>No Webinar (Midterm covers Modules 1-4)</b> The Generation of Biochemical Energy (Ch 21)
8	Wednesday, October 25, 2023	Module 6	Carbohydrate Metabolism (Ch 22)
9	Wednesday, November 1, 2023	Module 7	Lipids (Ch 23)
10	Wednesday, November 8, 2023	Module 8	Lipid Metabolism (Ch 24)
11	Wednesday, November 15, 2023	Module 9	Protein and Amino Acid Metabolism (Ch 25)
12	Wednesday, November 22, 2023	Module 10	Nucleic Acids and Protein Synthesis (Ch 26)
13	Wednesday, November 29, 2023	Study Week	Review

14	Friday, December 8, 2023	Final Exam	<b>No Webinar (Final Exam is cumulative)</b>
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***The Academic Department reserves the right to make schedule changes.***

# SBC100 Biochemistry

## Session Learning Outcomes

### **Tutorial #1: Week 1**

#### **Introduction to SBC100 Biochemistry**

By the end of this session, the student will be able to:

- Navigate Moodle SBC100 course shell and ZOOM programs
- Understand course requirement, including textbook readings, evaluations and deadlines
- Begin Module 1

*Deadline: Post a brief introduction on "Please introduce yourself" forum before the start of the tutorial.*

### **Tutorial #2: Week 2**

Module 1: Organic Chemistry Overview

*Deadline: Complete first half Module 1 before the start of the tutorial.*

### **Tutorial #3: Week 3**

Module 1: Organic Chemistry Overview cont'd

*Deadline: Complete Module 1 before the start of the tutorial.*

### **Tutorial #4: Week 4**

Module 2: Amino Acids & Proteins

*Deadline: Complete Module 2 before the start of the tutorial.*

### **Tutorial #5: Week 5**

Module 3: Enzymes & Vitamins

*Deadline: Complete Module 3 before the start of the tutorial.*

### **Tutorial #6: Week 6**

Module 4: Carbohydrates

*Deadline: Complete Module 4 before the start of the tutorial.*

**Week 7 \*There is no tutorial the week of the midterm. The midterm covers modules 1-4 inclusive.**

### **Tutorial #7: Week 8**

Module 5: The Generation of Biochemical Energy

*Deadline: Complete Module 5 before the start of the tutorial.*

### **Tutorial #8: Week 9**

Module 6: Carbohydrate Metabolism

*Deadline: Complete Module 6 before the start of the tutorial.*

### **Tutorial #9: Week 10**

Module 7: Lipids

*Deadline: Complete Module 7 before the start of the tutorial.*

### **Tutorial #10: Week 11**

Module 8: Lipid Metabolism

*Deadline: Complete Module 8 before the start of the tutorial.*

### **Tutorial #11: Week 12**

Module 9: Protein & Amino Acid Metabolism

*Deadline: Complete Module 9 before the start of the tutorial.*

### **Tutorial #12: Week 13**

Module 10: Nucleic Acids & Protein Synthesis

*Deadline: Complete Module 10 before the start of the tutorial.*

**Week 14\* There is no tutorial the week of the Final Exam (the final exam is cumulative)**