



## **Canadian College of Naturopathic Medicine Provisions for International Students during the COVID Pandemic**

Last updated: May 31, 2021

The Canadian College of Naturopathic Medicine (CCNM) is committed to ensuring a safe environment for its students, staff, faculty and patients. In order to do so, it has established rigorous routines for students, faculty, staff, and clinic patrons who are coming to the College. Enhanced measures have been implemented for students coming from abroad. General provisions are listed at the front of this document and detailed requirements/procedures follow in sections below and attached protocol appendix.

CCNM will adhere to provincial and local health guidelines and protocols for postsecondary education institutions and health-care providers, consistent with the [Government of Ontario's plan for reopening the province in stages](#). The attestation for Public/Private Designated Learning Institutions – Public Health Readiness Requirements for International Students in Ontario has been completed.

Mechanisms have been put in place to provide for the quarantining of international students and any co-arriving immediate family members. Please see below the policy of the provisions/guidelines set for international students.

CCNM has extensive procedures in place for tracking who enters and exits the campus (a single building) so that the College can track potential contacts in the case of a positive COVID-19 identification. Should a positive COVID-19 case be identified, public health will be notified either by the Chief Naturopathic Medical Officer (CNMO), for on-site events, or by the Director, Student Services and Compliance and Associate Registrar (DSSCAR), for international students in quarantine. In the case of non-compliance with the mandatory 14-day quarantine period, public health will be informed by the CNMO or DSSCAR as directed by the CNMO. In addition, since the students are enrolled in a four-year medical program, non-compliance will be treated very seriously and could lead to removal from the program.

Should a positive COVID-19 finding be found for individuals who had been on the campus the College will launch its COVID tracking protocol (in addition to identifying public health) and those who had been in close or prolonged contact with the individual will be identified. All students and employees of the College have been encouraged to download the [COVID-19 contact tracing app](#). In addition, the College will post signs at the entrances to the campus identifying the fact that an individual with a positive test has been on the campus, and to the extent possible the areas that the individual visited. This same information will be posted in Moodle, the Learning Management System we employ and the Student and Faculty Portals. Patients to our clinic would be individually notified if they were in contact with the individual, or if the area of the campus that they will be visiting was potentially compromised.

CCNM is aware of its responsibilities as reflected in the Attestation for Public/Private Designated Learning Institutions, and it will maintain adherence to these requirements, as they may be updated from time to time, for as long as the College appears on the federal list of designated institutions.

### **Pre-arrival Requirements for Students coming from Outside of Canada**

The DSSCAR and/or associate will ensure pre-arrival requirements are communicated to all international students, and any co-arriving immediate family members, in advance of their travel to Canada. In this communication the DSSCAR and/or designated associate SSO will inform the students of the need to download the Government of Canada's **ArriveCAN** application, and complete it, prior to arrival at the border. In this communication they will be given access to complete: an acknowledgement/attestation, prearrival information and quarantine information.

The students will also be required to submit their attestation/acknowledgement using the digital form provided via the International Student web link that includes access to the policy (Provisions for International Students During the COVID Pandemic) and communicate their travel details using the Pre-Arrival 14-day Quarantine Acknowledgement Form before arriving in Canada for themselves and co-arriving immediate family members using **the digital form they have been provided**. Non-compliance will be treated very seriously and could lead to removal from the program. Students and co-accompanying family members will be provided the information and instructions about transportation from the airport.

### **Students Requiring Quarantine Accommodation Arriving from Pearson (includes students returning or moving into residence):**

Upon arrival and approval of entry into Canada from the following entry point: Pearson International Airport, students will be taken to the CCNM designated quarantine location (Holiday Inn Toronto Airport East) by the complimentary hotel shuttle that adheres to COVID-19 guidelines as mandated by the government. All trips are direct and make no stops between pick-up and drop-off to the hotel for quarantine.

### **Students Requiring Quarantine Accommodation Arriving from Other Land Ports of Entry (includes students returning or moving into CCNM Residence):**

Students and co-arriving family entering Canada from other land entry points will need to have the Microsoft Teams app available on your mobile device and provide an update to Student Services (Meghan Henesey) using Teams to check-in that they have arrived in the country and the estimated time it will take to get to their private quarantine location.

CCNM will cover a substantial portion of the quarantine costs with respect to the daily room charge plus taxes and some portion of food costs either directly through the hotel or on their student account. Students will be made aware of, and have agreed in advanced via the submission of their Pre-Arrival Information and Quarantine Acknowledgment Form of any additional costs or fees they may encounter through CCNM's plan to adhere to government guidelines for DLI institutions. Any student who chooses not to proceed with their education/training as a result of these additional costs will be provided with appropriate refunds of any other fees or tuition paid in advance in accordance with CCNM's refund policies and refund requirements as a DLI. No additional fees will be charged to students in relation to this plan, beyond the standard transportation, food, and accommodation costs they pay.

### **Students WITH Quarantine Accommodation Arriving from Pearson (students NOT returning or moving into CCNM Residence):**

Upon arrival and approval of entry into Canada from the following entry point: Pearson International Airport, students will be required to follow the [government guidelines of the three-day mandatory hotel stay](#) which will be coordinated between the DSSCAR and/or the designated associate SSO. Following the three-day mandatory government stay, students will be taken to their private quarantine location by Airline Limousine Service, a shuttle company that CCNM has vetted for compliance with COVID-19 government guidelines. All trips are direct and make no stops between pick-up and drop-off. CCNM will be able to see in real time, using the shuttle company's portal, a trip in progress. Once the trip is complete CCNM will have access to a record of each trip. Should any deviation from use of this

company occur for unforeseen circumstances by the student this risk will be assessed and kept on file with their form and quarantine plan. This trip will be coordinated by the DSSCAR and/or the designated associate SSO. Students are then required to fulfil the remainder of their quarantine at this private, approved quarantine location.

**Students WITH Quarantine Accommodations Arriving from Other Ports of Entry (students NOT returning or moving into CCNM Residence):**

Students and co-accompanying family entering Canada from other land entry points will need to have the Microsoft Teams app available on their mobile device to provide an update to Student Services (Meghan Henesey) using MS Teams to check-in that they have arrived in the country and the estimated time it will take to get to their private quarantine location. In order to be approved for these alternate quarantine arrangements, students must submit a detailed plan indicating how all of their living needs will be provided to them (and their families) without breaching the quarantine. Students and their families must strictly quarantine for the required period following all [governmental quarantine guidelines](#). CCNM may assist in establishing these arrangements where it is possible to do so.

Students will be made aware of, and have agreed in advanced in writing to, any additional costs or fees they may encounter through CCNM's plan to adhere to government guidelines for DLI institutions. Any student who chooses not to proceed with their education/training as a result of these additional costs will be provided with appropriate refunds of any other fees or tuition paid in advance in accordance with CCNM's refund policies and refund requirements as a DLI.

No additional fees will be charged to students in relation to this plan, beyond the standard transportation, food, and accommodation costs they pay.

Any new governmental policies will need to be adhered to should changes occur.

**14-Day Quarantine Requirements**

**Students Requiring Quarantine Accommodation (includes students returning or moving into CCNM Residence):**

CCNM has implemented a plan for quarantine arrangements for international students and any co-arriving immediate family members that require accommodation. CCNM's designated quarantine location is the Holiday Inn Toronto Airport East and arrangements will be a coordinated effort between the DSSCAR and/or designated associate SSO, student, and hotel. Students and co-arriving family will have to uphold all policies upheld for quarantine as mandated by the college and hotel.

**Students WITH Quarantine Accommodation (students NOT returning or moving into CCNM Residence):**

For students located in an off-campus quarantine location, they will be required to outline details of the location in their Pre-Arrival and 14-day Quarantine Plan forms with information such as, but not limited to: their quarantine location and contact information; any members residing there; how they will remain isolated; and the name and contact of their primary contact person that will be assisting them while in quarantine (if applicable).

If the student and their co-arriving family do not have a primary contact then they will be provided with the necessary information to access services to support them while in isolation by CCNM for food delivery service, medical needs, and any other necessities of life, in order for students and co-arriving family to successfully quarantine and abide by the government regulations.

Students and their families not residing on campus will be made aware of the importance of their responsibility for on-going self-monitoring and assessment and be asked to use the [ArriveCAN](#)

application for their daily symptom reporting during their 14-day quarantine. As an institution we will require that the student complete and submit a CCNM Daily Symptom Monitoring and Wellbeing Form - International Students. The form will include an attestation statement that they have been reporting their daily symptoms through [ArriveCAN](#). The form will also include an attestation that they have maintained quarantine thus far.

Students and their families must strictly quarantine for the required period following all [governmental quarantine guidelines](#).

### **Additional Information, Support, and Resources**

Adequate information, support, and resources will be provided to the student and any co-arriving family in relation to accessing services to support them during their quarantine, for food delivery service to the hotel (if preferred), medical needs, and any other necessities of life. The hotel also has resources for food, snacks, some life necessity items, etc. Should any assistance be required the student or co-arriving family will be able to contact the hotel concierge or the DSSCAR and/or designated associate SSO. Students and their families will be made aware of the importance of their responsibility for ongoing self-monitoring and assessment and be asked to use the government ArriveCAN application for their daily symptom reporting during their 14-day quarantine. As an institution we will require that the student complete and submit the CCNM Daily Symptom Monitoring and Wellbeing Form every day during their 14-days quarantine. The form will include an attestation statement that they have been reporting their daily symptoms through ArriveCAN. The form will also include an attestation that they have continued to meet the conditions for the quarantine.

As part of quarantine the individual will need to read materials on COVID-19 infection control information and training and will be provided with the following [COVID-19 Awareness Resources](#) and of the need as a member of the CCNM community to promote reliable, accurate messages about COVID-19, including [COVID-19 related stigma](#). As a student of CCNM they will receive anti-racism training, which will also address COVID-19 related stigmas.

### **COVID-19 Test Requirements:**

As of May 3, 2021 the provincial requirement for COVID-19 testing was eliminated. However, students and co-arriving family **must follow federal government guidelines regarding COVID-19 testing** requirements. Please refer to either [Flying to Canada: COVID-19 testing for travellers](#) or [Driving to Canada: COVID-19 testing for travellers](#).

### **Post Quarantine**

CCNM recognizes that during the time of the COVID pandemic international students may encounter mental and physical health challenges exacerbated by the conditions of the pandemic. All international students are required to enroll in a health insurance program that meets basic medical needs, including those that are COVID related. In addition, counselling support is available virtually either through the College's counselling service or through the Empower Me system that the College subscribes to. In addition, the students will receive Equity, Diversity, and Inclusion training integrated into several of their first-year courses. For students in other years, please see the [Access to Resources PDF](#) via the [International Student web link](#).